



Arizona State Urological Institute

The Center for Comprehensive Urological Care

Phone: 480.394.0200

Fax: 480.394.0202

Pre-Operative Instructions

****If you are unable to follow any of the directions listed below or if you have any questions, please contact your surgery coordinator as soon as possible****

Surgery:

Scheduled Date:

Facility:

Time:

Check-In:

- You will need your insurance card(s) and photo ID with you at the time of check-in.
- You will need to check-in at the hospital 2 hours PRIOR to your SCHEDULED surgery time.

Example: Your surgery is scheduled at 10am. You will need to check in at 8am.

Diet before surgery:

Nothing to eat or drink starting at 11:59pm on the day before surgery.

Example: Your surgery is on Monday. Starting Sunday night at 11:59pm, you will need to stop eating and drinking everything, including food, water, gum, candy, coffee, etc...

Medications:

- **Prescribed Blood Thinners:** If you take prescription blood thinning medications such as *Aspirin, Coumadin, Plavix, Eliquis, Xarelto, etc....* please consult your Provider who prescribed the medication and stop as directed. Please notify the surgery coordinator if you are taking any of these.
- **Herbal/over-the-counter medications:** These medications, such as anti-inflammatory medications, may contain blood thinning agents that should be discontinued 7 days before surgery.
- Please advise your surgery coordinator if you are diabetic and are taking diabetic medication and or taking medications for high blood pressure.
- Please advise your surgery coordinator of any other medications you are taking, including vitamins and supplements as soon as possible.

Surgery Coordinator: Breanna W.

Ext: 620

Direct Dial Phone: 480-504-0103