



BCG Instillations Patient Instructions

Procedure Description:

A catheter will be inserted into bladder and drained. BCG then will be instilled through catheter into your bladder. Catheter will be removed once installation is complete.

Symptoms and Signs to look out for prior to installation:

- **Flu-Like Symptoms.** Cough, runny nose, muscle, or body aches, or feeling fatigued.
- **Fevers or Chills.** If you develop a fever or chills prior to your treatment, please call our office immediately to discuss your symptoms prior to instillation of BCG.
- **Signs of Infection.** Symptoms of infection include, fevers, chills, burning with urination, foul odor to urine

Patient Preparation:

A urine culture is required prior to your treatment to ensure no urinary tract infection is present at the time of your treatment. You will be given a lab order upon your provider ordering BCG. Lab Order will be a standing order for the duration of the treatments. The preferred lab will hold order on file for the duration needed.

Note: Office will provide you an order either to Sonora Quest or Lab Corp where most insurances are accepted. Patients, please check with your insurance on contracted laboratory facilities to ensure you are going to the correct lab required by your insurance.

- 2-3 days prior to your scheduled treatment, please take lab order and drop off a urine sample at the lab.
 - Lab will report results prior to your visit.

In Office Nitrous Oxide available today:

- Relieve your worry and stress with Nitrous Oxide.
- No wait times or rescheduling for authorization! ASUI provides Nitrous Oxide to patients as a self-pay cost. No need to wait or reschedule for authorizations. You can opt for Nitrous at anytime prior to your procedure. See Medical staff for details.

Eating & Drinking:

Eat as normal.

Liquids: Try to limit or reduce the amount of liquid intake prior to your visit.



Post Treatment Instructions:

1. BCG is retained in the bladder for 2 hours and then urinated. Try to hold your urine for 2 hours after installation.
2. Every 15 minutes change positions. For Ex: sitting to laying down. This allows medication to coat the entire bladder and bladder walls.
3. After 2 hours, patients should urinate/void while seated to avoid splashing of urine. DO NOT FLUSH
4. Disinfect urine for 15 minutes with 1 cup or equal volume of household bleach before flushing commode.
5. Repeat **Step 4** for the next 6 hours after your treatment.
6. Increase fluid intake in the 6 hours after your treatment to flush bladder.
7. You may experience burning the first few times you past your urine.

Signs and Symptoms to look out for:

Please call our office if you experience the following after your treatment so that we can discuss further with your provider. These could be signs of an infection.

- Fevers equal or greater than 101.3F
- Burning with urination lasting 2 days or more
- Odor to urine
- Flu like symptoms. Cough, runny nose, muscle, or body aches and/or feeling fatigued

Please call our office as soon as possible if you need to reschedule this appointment or cancel appointment. We request that reschedules and cancelations are at least 24 to 48 hours in advance so that we may offer the available appointment spot to another who may be waiting to be seen sooner.

If you have any questions regarding your treatment, please call our office (480) 394-0200.