

# Arizona State Urological Institute

*The Center for Comprehensive Urological Care*



## Pre-operative/Pre surgical Instructions

You have been scheduled for surgery:

**DATE:** \_\_\_\_\_

**TIME:** \_\_\_\_\_

**HOSPITAL:** \_\_\_\_\_

### Physicians:

Anoop K. Sharma, MD  
James R. Siefer, DO  
Matthew E. Karlovsky, MD  
Pratik M. Patel, MD  
Lauren N. Byrne, MD

**If for any reason you are unable to follow any of these directions listed below or if you have any questions please contact the surgery coordinator as soon as possible at (480)394-0200-- Lydia ext. 305 -- Candy ext. 203 – Shulove ext. \_\_\_\_\_**

You will need to check-in at the hospital 2 hours **PRIOR** to your **SCHEDULED** surgery time (please see above time and location).

### Phone:

480 394-0200

### Fax:

480 394-0202

Please be sure to bring a photo ID and your insurance card with you when you check in at the main lobby of the hospital.

### Locations:

Gilbert, AZ  
2730 S. Val Vista Dr.  
Bldg. #13, Suite 177

Phoenix (Ahwatukee)  
4530 E. Ray Rd.  
Suite 178

Chandler AZ  
1445 Chandler Blvd.  
Ste. A-5

Please do **NOT** eat or drink **ANYTHING** after midnight the day of your surgery. This includes water, chewing gum or any kind of candy.

If you are taking any herbal medication/over the counter vitamins such as **Herbalife, Metabolite, golden seal, ginseng, ephedra, ginkgo, ginger, ST John's Wort, fever few, garlic, licorice, valerian, hydroxycut, Echinacea, Kava Kava and/or MaHuang, are NOT** to be taken within 10 days of your surgery. Please notify the surgery coordinator if you are taking any of these.

If you take a blood thinner medication such as **Coumadin, Plavix or any other blood thinning medications (ie. Aspirin, Ibuprofen, NSAIDS, Vitamin E)** you **will need to stop taking them 7 days prior to surgery.**

If you are taking medication for **Diabetes** please discuss these medications with the surgery coordinator.

If you are on medication for **high blood pressure** you may take it the morning of your surgery with a sip of water.

If you are having same day surgery (going home the same day) you must have someone available to take you home when you are discharged from the hospital. **The hospital will not discharge you unless there is someone there to take you home.**